November 2024

Monday Tuesday Wednesday Thursday Friday

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| --- | --- | --- | --- | --- |
|  |  |  |  | 1st  Beef Mac w/ WGR Pasta  Broccoli  Mixed Salad  Fruit |
| 4th  Baked Fish  Green Beans  Red Beans and Rice  WGR Roll  Fruit | 5th  Egg and Cheese Frittata w/ Veggies  Mixed Veggies  WGR Biscuit  Fruit | 6th  Meat sauce w/ Marinara  WGR Pasta  Peas and Carrots  Mixed Salad  Fruit | 7th  Chicken Enchiladas  Roasted Mexican Corn  Peppers and Onions  Fruit | 8th  Cook’s Choice |
| 11th  Beef Tacos  WGR Tortillas  Mixed Veggies  Refried Beans  Fruit | 12th  BBQ Chicken  WGR Cornbread  Green Beans  Coleslaw  Fruit | 13th  Cheeseburger  WGR Bun  L/T  Baked Tater Tots  Fruit | 14th  Mac and Cheese w/ WGR Pasta  Broccoli  Roasted Mixed Veggies  Fruit | 15th  Terriyaki Chicken Peas and Carrots  Mixed Veggies  Brown Rice  Fruit |
| 18th  Chicken Tenders  Mashed Potatoes  Green Beans  WGR Roll  Fruit | 19th  Beef Chili w/ Beans WGR Cornbread  Mixed Veggies  Fruit | 20th  Turkey and Cheese  WGR Wrap  Sliced Tomatoes  Broccoli Salad  Fruit | 21st  Chicken Alfredo  WGR Pasta  Broccoli  Roasted Carrots  Fruit | 22nd  Cook’s Choice |
| 25th  Beef and Cheese Burrito  Roasted Mexican Corn  Roasted Mixed Veggies  Fruit | 26th  Meatloaf  Mashed Potatoes  Broccoli  WGR Roll  Fruit | 27th  Thanksgiving Meal | 28th  Holiday – Centers Closed | 29th  Holiday –Centers Closed |

\*1% Milk is served daily. The menu is subject to change.

Approved by: Jessica Long, RDN, LDN 10/16/2024 #DT:86147917