August 2024

Monday Tuesday Wednesday Thursday Friday

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| --- | --- | --- | --- | --- |
|  |  |  | 1st  Baked Chicken Mashed Potatoes Mixed Veggies  WGR Roll  WGR Roll fruit | 2nd  Cook’s Choice |
| 5th  Beef Tacos  WGR Tortillas  Refried beans  Peppers and Onions  Fruit | 6th  Chicken Paty Sandwich  WGR Bun  L/T  Roasted Sweet Potatoes  Fruit | 7th  Salisbury Steak  Mashed Cauliflower  Mixed Veggies  WGR Roll  Fruit | 8th  Tuna Salad  WGR Bread  Sliced Tomatoes Blanched Carrots  Fruit | 9th  Beefy Mac  Broccoli  Green Beans  Fruit |
| 12th  Baked Fish  Mixed Veggies  Roasted Vegetables  WGR Roll  Fruit | 13th  Sloppy Joes  WGR Bun  Peas and Carrots  Roasted Cauliflower  Fruit | 14th  BBQ Chicken  Green Beans  Coleslaw  WGR Cornbread  Fruit | 15th  Meatloaf w/ Gravy  Mashed potatoes  Broccoli  WGR Roll  Fruit | 16th  Cook’s Choice |
| 19th  Chicken Nuggets  Peas and Carrots  Brussel Sprouts  WGR Roll  Fruit | 20th  Meatballs w/ Marinara  Broccoli  Roasted Cauliflower  WGR Pasta  Fruit | 21st  Frittata w/ Veggies  WGR Biscuit  Peppers and Onions  Fruit | 22nd  Cheeseburger  WGR Bun  L/T  Green Beans  Fruit | 23rd  Turkey and cheese  WGR Bread  Sliced Tomatoes Garden Salad w/ Ranch  Fruit |
| 26th  Teriyaki Chicken Broccoli  Snow Peas  Brown Rice  Fruit | 27th  Meatsauce w/ Marinara  Mixed Veggies  Squash  WGR Pasta  Fruit | 28th  Baked Chicken w/ Gravy  Roasted Potatoes  Peas and Carrots  WGR Roll  Fruit | 29th  Beef Burrito w/ WGR Tortilla  Mexican Corn  Peppers and Onions  Fruit | 30th  Cook’s Choice |

\*1% Milk is served daily. The menu is subject to change.

Approved by: Jessica Long, RDN, LDN 7/16/2024 #DT:86147917