April 2024

Monday Tuesday Wednesday Thursday Friday

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| --- | --- | --- | --- | --- |
| 1st  Baked Fish  Green Beans  Red Beans and Brown Rice  Fruit | 2nd  Chicken Enchiladas  Mixed Veggies  Mexican Corn  Fruit | 3rd  Meat sauce w/ Marinara  WGR Pasta  Cauliflower and Broccoli  Fruit | 4th  Chicken Salad  WGR Bread  Sliced Cucumbers Celery Sticks  Fruit | 5th  Peppered Steak w/ Peppers  Mashed Potatoes WGR Roll  Fruit |
| 8th  Meatball Sub  WGR Sub Roll  Peas and Carrots  Garden Salad w/ Ranch  Fruit | 9th  Baked Chicken  Mixed Veggies  Black Beans  Cilantro Brown Rice  Fruit | 10th  Sloppy Joes  WGR Bun  Sauteed Squash  Baked Tater Tots Fruit | 11th  Veggie Egg Frittata  Hash Browns  WGR English Muffin  Fruit | 12th  Cook’s Choice |
| 15th  Beef and Cheese Burrito  Peppers and Onions  Refried Beans  Fruit | 16th  Cheeseburger  WGR bun  L/T  Baked Sweet Potatoes  Fruit | 17th  BBQ Chicken  WGR Cornbread  Cauliflower Seasoned Greens  Fruit | 18th  Beefy Mac  Mixed Veggies  Green Beans  Fruit | 19th  Baked Fish  Green Beans  Stewed Tomatoes Wild Rice  Fruit |
| 22nd  Baked Chicken w/ Gravy  Mixed Veggies  Roasted Potatoes WGR Roll  Fruit | 23rd  Beef Taco  WGR Tortillas  Mexican Corn  Pico/Lettuce  Fruit | 24th  Chicken Alfredo  WGR Pasta  Broccoli  Garden Salad  Fruit | 25th  Meatloaf  Mashed Potatoes  Peas and Carrots  WGR Roll  Fruit | 26th  Cook’s Choice |
| 29th  Teriyaki Chicken  Mixed Veggies  Corn  Brown Rice  Fruit | 30th  Chicken Nachos  Black Beans  Peppers and Onions  Fruit |  |  |  |

\*1% Milk is served daily. The menu is subject to change.

Approved by: Jessica Long, RDN, LDN 3/16/2024 #DT:86147917