December 2023

Monday Tuesday Wednesday Thursday Friday

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| --- | --- | --- | --- | --- |
|  |  |  |  | 1st  Beef Tacos  Refried Beans  Shredded Lettuce / Pico  WGR Tortillas  Fruit |
| 4th  Chicken Pot Pie  WGR Biscuit  Mixed Veggies  Fruit | 5th  Beef Lasagna  Broccoli  Cauliflower  Garlic Bread  Fruit | 6th  Grilled Chicken Breast  WGR Bun  Lettuce/Tomato  Baked Tater Tots  Fruit | 7th  Beef Chili  Peas and Carrots  WGR Cornbread  Fruit | 8th  Cook’s Choice |
| 11th  Orange Chicken  Mixed Veggies  Corn  Brown Rice  Fruit | 12th  Turkey Stroganoff Green Beans  WGR Pasta  Garden Salad  Fruti | 13th  Meatloaf  Peas and Carrots  Mashed Potatoes w/ Gravy  WGR Roll  Fruit | 14th  Chicken Parmesan  Broccoli  WGR Pasta  Fruit | 15th  Cheeseburger  WGR Bun  Lettuce/Tomato  Baked Tater Tots Fruit |
| 18th  Baked Fish  Mixed Veggies  Red Beans and Rice  Fruit | 19th  Sloppy Joes  WGR Bun  Green Beans Roasted Potatoes Fruit | 20th  Baked Chicken Thigh  Roasted Root Veggies  Brussel Sprouts  WGR Roll  Fruit | 21st  Meatballs w/ Marinara  Broccoli + Cauliflower  WGR Pasta  Fruit | 22nd  Holiday – Centers Closed |
| 25th  Holiday – Centers Closed | 26th  Holiday – Centers Closed | 27th  Holiday – Centers Closed | 28th  Holiday – Centers Closed | 29th  Holiday – Centers Closed |

\*1% Milk is served daily. The menu is subject to change.

Approved by: Jessica Long, RDN, LDN 11/15/2023 #DT:86147917