

# September 2023

Monday	Tuesday	Wednesday	Thursday	Friday
				1 COOK'S CHOICE
4 Labor Day <b>CLOSED</b>	5 Beef Nachos w/ Tortilla Chips Blacks Beans Pico Fruit	6 Chicken Patty WW Bun L/T Roasted Sweet Potatoes Fruit	7 Beefy Mac and Cheese Broccoli Carrots Fruit	8 Tuna Salad WGR Bread Cucumber Slices Mixed Salad w/ Ranch Fruit
11 Beef and Cheese Burrito Lettuce/Pico Corn Fruit	12 Chicken Alfredo WGR Pasta Broccoli Peas and Carrots Fruit	13 Meatloaf Scalloped Potatoes Green Beans WW Breadstick Fruit	14 Orange Chicken Mixed Veggies Brown Rice Fruit	15 COOK'S CHOICE
18 Chicken Enchiladas Black beans w/ Tomatoes Corn Fruit	19 Beef Lasagna Peas and Carrots WW Breadstick Fruit	20 Baked Fish Brown Rice and Red Beans Broccoli Fruit	21 Sloppy Joes WW Bun Sautéed Spinach Baked Tater Tots Fruit	22 Grilled Chicken Baked Ravioli w/ Marinara Sauce Green Beans WW Roll Fruit
25 Teriyaki Chicken Brown Rice Mixed Veggies Corn Fruit	26 Meat Sauce w/ Marinara Green Beans WGR Pasta Fruit	27 BBQ Chicken Broccoli Ranch Beans WW Combread Fruit	28 Peppered Steak Roasted Sweet Potatoes Summer Squash WW Roll Fruit	29 COOK'S CHOICE

1% Milk Served Daily

\*Menu is subject to change\*

**NUTRITION MENU**